

Dream 4 More Literary Consulting Firm presents...

The Dream Experience Series 1: Notes on January 31, 2010

Adrienna Turner lesson discussed the “Dream Phases”. She defined the meaning of ‘dream’ and how to take your dream a step further.

1. Write down your dream, goal, or vision on paper. Next to the goal, dream, or vision write if it came from your childhood or adulthood.
2. We get visions/dreams and do nothing about it. Now list your fears. FEAR (False Evidence Appearing Real). Are you willing to pick up the pieces and make it happen?
3. Be patient and do not give up. Add to your dream, goal, or vision a timeline to complete it. Short-term are usually 1-3 months, sometimes up to 6 months. Intermediate goals are usually 4-6 months and sometimes up to a year. Long-term goals are usually 1-5 years, sometimes longer. Write how long you believe it will take you to complete your dream, goal, or vision.

Three Phases:

- ✓ Dream (know your plans): write down your plan(s)
- ✓ Dream 4 More (expand, build, grow, and multiply): partnerships
- ✓ Dream Inclusively (share with others, network, and think globally): network, market, and/or add yourself to social media communities

Other Ideas: (more mentioned on the actual call)

- ✓ 4 R's: Read, Research, Redirect, and Refine
- ✓ Remove yourself from certain people, networks, and companies
- ✓ Add like-minded people to your circle of friends or networks
- ✓ List tools, methods, or equipment to expand your dream
- ✓ Knowledge is the key to unlocking your destiny—without knowledge we will perish
- ✓ Review budgets, marketing strategies, and mapping out your future plans

Resources: (These are some book to read to get you on your way, and many more to explore!)

- ✓ Adrienna Turner: God is in the Equation (coming soon)
- ✓ Herbert Harris: 12 Universal Laws of Success, 2nd Ed.
- ✓ Russell Simmons: Do You! Laws of Success: 12 Proven Steps to Achieving Happiness and Empowerment
- ✓ Donald Trump books and Rich Dad, Poor Dad by Robert T. Kiyosaki
- ✓ James A. Jimason: For Adults Only: Keys to Unlocking Your Destiny (coming soon)

James A. Jimson lesson covered on “Keys to Unlocking Your Destiny”.

1. Vision is everything. Reality is nothing. What you see in your mind and heart—to dream. Proverbs 29:18 (perishes—dies a slow and agonizing death). Something is missing.
2. Many people have gone to the grave without sharing their dream. Wealth is known in the grave—instead of releasing their talent.
3. Visions are birth from the desires of your heart. Watch what we say and do. Believe that you will receive them and have them. Psalm 37:4-5.
4. Do something specific with your life. He will give you the desires of your heart. The one who puts the desires in the first place. Internal mechanism to push us towards our destiny. He knows that we will act upon these gifts and desires. We have choice: to act on them or ignore it.
5. We need a map or vision for our life.

Get the Vision—what you want to do with your life.

Identify your vision. Balance your dreams or visions with your daily activities, health, and sleep.

5 steps to accomplishing these goals:

1. Recognize.
2. Write it.
3. Research
4. Release
5. Run with the idea/dream/goal.

Vanessa Richardson discussed on rejection and how to get over the pain. Her topic was “Singled Out for Purpose”.

We are to share the vision when God placed it in your heart. However, we have to be careful who we share our dreams with. Some will be jealous and only out to steal your dream or idea. God will bring people in and out of your life for a season.

We do not need to make U-turns. We have to acknowledge the pain and hurt, rejection, and so forth. Otherwise, any wrong word, things, or timing will make us explode if we do not release it. Identify the problem—get to the root of it.

Use your vision. Do not let rejections set in. Life is a journey and do not change your direction or focus.

When to reveal it? When to share it? You will know when there are certain people who are not for us. We will know who to present these ideas and dreams to.

Competitiveness: we need to know when to hold it and when to fold it. Do not talk without listening to your conscience. Bring position in your life. Everything will work out for your good.

There are those who will block your flow, creativity, and vision. Path does not change but direction.

Dream deferred—you cannot allow your dream to die because of your test or trial. Govern your mouth, do not change directions but remain focused.

Budget:

1. Manage your finances to a budget
2. Keep tight rein on your consumer debt

Look at effective spending versus emotional spending.

*There was much more shared on a 2 hour and 25 minutes call. We hope to see you on the next Dream Experience Series in 2010. You can click on the PayPal button on the session you would like on www.dreams4more.com/dreamspeakers.htm or email us to send invoice at dream4more@earthlink.net. We can also send via email the mailing address. Site URL links will be changing also to dream4more.us and dream4more.biz and after 2010 no longer using dreams4more.com.